



INDEPENDENTGYMS



Partner Brochure

(Q1 2021)

Supported by our Strategic Partners:

**BATTLE
READY
FUEL.**

CORE
HEALTH & FITNESS

myzone®

 **TVS GROUP**
SPORT | FITNESS | PLAY | ACOUSTICS

Our Mission and Purpose



Robert Handy

Independent Gyms
Founder

We support independent fitness facilities across the UK and Ireland to grow. We want to make a difference to our members' business and lives and in doing so improve the industry as a whole for gyms and the end consumers.

Our members get access to savings across more than 50 Partners, can attend webinars, events and workshops, and download key resources – all focussed on helping their business.

This brochure highlights our partners, to find out the great discounts they offers to our members you can sign up [here](#).

If you are a brand interested in becoming a partner, [drop us a message](#).

Our Strategic Partners

**BATTLE
READY
FUEL.**

Battle Ready Fuel. It's time to strengthen your mind and body. It's time to make the most out of every moment. Battle Ready Fuel is the protein bar and supplement range to enhance your mind, fuel your body and deliver performance beyond limitation. Created by ex-special forces operatives. Find your break point: this is the moment you decide nothing will stand between you and your goals.

CORE
HEALTH & FITNESS

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. Whether working with us directly or through our partners and distributors world-wide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

myzone[®]

Myzone develops accurate wearable technology to provide engaging and motivational experiences that support behaviour change and make exercise habits stick. Rewarding effort instead of ability, Myzone is used by millions of people in thousands of gym and leisure facilities worldwide, proving that we're stronger together.

TVS GROUP
SPORT | FITNESS | PLAY | ACOUSTICS

Established in 2009 as a specialist supplier of noise and vibration solutions, Total Vibration Solutions Ltd T/a TVS Group has successfully evolved into four key strategic divisions; [TVS Sports Surfaces](#), [TVS Gym Flooring](#), [TVS Play Surfaces](#) and [TVS Acoustics](#). Our strategy focuses on supplying best in class materials, shaping reliable and trustworthy partnerships while delivering outstanding customer service.

Contents

Page 3

Accounting and Insurance

Page 4

Construction and Refurbishment

Page 5

Consultancy

Page 6

Education

Page 7

Equipment

Page 8

Equipment Services

Page 9

Flooring and Lighting

Page 10

Marketing

Page 11

Membership and Payments

Page 12-13

Protein and Nutrition

Page 14

Technology

Page 15

Therapy and Body Composition

Accounting and Insurance



Partners&

Partners& is a leading insurance specialist for gyms and health clubs. A strategic partner with ukactive, we've been supporting gym operators for over 20 years with tailored insurance protection and expert advice on risk management. We work with over 800 gyms across the UK – we can help protect your business with flexible, fine-tuned cover as it grows and changes.



Insync Insurance

Insurance experts that provide robust cover and exceptional service for the health and fitness industry. We passionately believe that business is about people and relationships. That's why dedicated advice and personal service will always remain at the centre of everything we do – technology is the enabler that allows us to serve you better and communicate in whatever way YOU want.



Protectivity Insurance

EXCLUSIVE DISCOUNT! Get 5% OFF Gym Insurance with Protectivity. Underwritten by world leading insurer AXA XL, join the thousands of gyms and CrossFit Affiliates that choose Protectivity each year.



Southbourne Accountancy

You didn't start your fitness business to spend your evenings and weekends doing (or worrying) about finances. I help businesses like yours to not only stay compliant but to use your financial information to your advantage, to make your business succeed and to make informed decisions about the future.



The Financial Fitness Group

The Financial Fitness Group has been providing insurance and accountancy services to Fitpros for over 10 years. We provide market leading services to support individuals and businesses within the health and fitness industry.

Construction and Refurbishment



Cloutman, Harris and Nixon LLP

3D Property photography and fly-throughs, lease plans and measured surveys,, Chartered Building Surveyors & Project Managers, architectural designers, Landlord and Tenant advisors, pre-lease and end of lease advice.



Safe Space Lockers

Suppliers of high quality UK manufactured lockers and changing room solutions into the fitness and leisure industry on time and within budget. Our business has grown through the years by working with and supporting independent gym owners/operators across the UK. We believe you can deliver exceptional standards and facilities to differentiate yourselves from the national groups and we want to help you achieve this.



SmartCool

SmartCool is a global clean technology company, providing cutting edge energy efficiency and cost reduction solutions for refrigeration, air conditioning and heat pump systems, helping some of the world's largest organisations enhance their profitability, while lowering their carbon footprint.



XL Gym Interiors

We know what it's like to operate a gym. We know what it's like to provide a member experience that is appealing. That's because we've been there and over the past 20 years we've gotten to know the fitness industry inside out. We use our experience to give your gym the finishing touches it deserves.

Consultancy



Black Raccoon Consulting

Black Raccoon Consulting, The Fitness Business Experts. Providing support, training, guidance and industry expertise to ensure your health club, gym or fitness business maximises its potential. We work with Independent, Franchise and Hotel facilities.



GGFit Ltd

GGFit helps clubs to get their members to stick around longer. Independent clubs that work with GGFit have more motivated and engaged staff and members. They also have a better measure of their business performance, and reduced attrition.



Retention Guru

Retention Guru helps business increase retention, reduce attrition and improve customer loyalty.

Education



Wellbeing Fitness Education Centre

Wellbeing Fitness Education Centre helps independent fitness businesses to become personal training education providers. Delivering a recognised Level 3 Personal Training Diploma not only enhances your profits but adding an Education Academy to your business sets you well apart from your competitors.



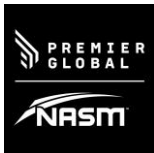
APEC

APEC is an innovative educational company providing the most up to date digital education content and practical experience in the area of health, sports and performance. We understand how the industry needs to be focused around successful and effective practitioners and this is why we have changed the structure to be based around case study learning and practical knowledge.



CAWS

CAWS® creates content, courses and curricula specific to the needs of the fitness sector workforce. The company's philosophy is to draw upon the core principles of elite sport, sport science and medicine, and apply them to the education needs of commercial fitness. CAWS® released their first three online education programmes for trainers and coaches in Autumn 2020. Their flagship course Rebuild™, backed by ukactive, teaches trainers and coaches how to rehabilitate members and clients from COVID-19 in the gym, or at home.



Premier Global NASM

Premier Global NASM, the UK's leader in digital and virtual fitness education. We deliver a range of Personal Training and fitness education courses with over 50 years combined experience and our world renowned OPT™ Model, a fitness training system based on a scientific method.



The Training Klub

The Training Klub is the South West's leading fitness training provider of ActiveIQ fitness courses. We pride ourselves on providing trustworthy, reliable excellence as well as affordable training courses for all things fitness.

Equipment

Strategic Partner



Core Health & Fitness

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. Whether working with us directly or through our partners and distributors world-wide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

Strategic Partner



Myzone

Myzone develops accurate wearable technology to provide engaging and motivational experiences that support behaviour change and make exercise habits stick. Rewarding effort instead of ability, Myzone is used by millions of people in thousands of gym and leisure facilities worldwide, proving that we're stronger together.



BlazePod

BlazePod takes physical and cognitive development to a whole new level by adapting and enhancing your workouts. Stimulate your brain, work your body, and add creativity to your training sessions by designing your own exercises, drills and challenges to supercharge your and your clients performance.



TRX Training

TRX provides world-class training for everyone. We've grown a loyal community by offering simple equipment, effective workouts and education capable of transforming full body health. It's for everybody. Whether beginning a fitness journey or pushing towards your summit, TRX Training helps you move better, feel better and live better.

Equipment Services



Gym Tech

Gym Tech is a professional aftersales service which is applied to the fitness equipment industry.



Gym Wizard

Gym Wizard is the UK's leading on-site gym upholstery repair service. Working from our unique, custom fitted vehicles, we offer fast, professional, and cost-effective repair and replacement of your gym pads with no down-time for your gym.



GymTek

GymTek has over 20 years experience of servicing and repairing all makes and models of gym equipment. No job is too big or small. We have a very high first time fix rate. GymTek offers a trustworthy, high quality, flexible and friendly service.



North East Gym Services

Providing gym servicing and repairs throughout the North East of England. From one off repairs to complete service and contracts, with over 20 years of experience we can find a solution to your problem.



Rapid Fitness Solutions

Rapid Fitness Solutions provide maintenance, repair, relocation & installation services for fitness equipment in South East England.

Flooring and Lighting

Strategic Partner



TVS Group

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Chauvet

CHAUVET Professional is the thoughtful, forward-looking choice for Lighting Designers, offering a carefully focused selection of products that open new design possibilities and make it easier to complete quality lighting projects.



XL Gym Flooring

We know what it's like to operate a gym. We know what it's like to provide a member experience that is appealing. That's because we've been there and over the past 20 years we've gotten to know the fitness industry inside out. We use our experience to make the gym floor a key part of a facility, no matter how big or small.

Marketing



Fitness Marketing Agency

We help fitness professionals build sustainable, predictable and profitable fitness businesses without losing themselves to exhaustion in the process.



Topodium Group

Transform your journey and inspire endless possibilities. We're a new kind of sports, health and leisure agency; a transformational ecosystem where End-to-End marketing, consultancy, and technology innovation work in synchronicity to power our industries.



Taylor Made Designs

Taylor Made Designs are a leading supplier of uniform and workwear to the leisure industry, we can create bespoke branded garments or simple off-the-shelf and ready to wear apparel.

Membership and Payments



ClubRight

From Gyms to Health Clubs, Boutique Studios and even Martial Arts Clubs; our software has been built by ex gym owners who know exactly what you need when it comes to club membership software and how you need it delivered to help you grow your business



iZettle

Every fitness facility is different, but all need to get paid. Whether you're just starting out or already an established business, iZettle lets you accept all card and contactless payments over the counter, remotely or on the go – whenever and wherever. We are offering Independent fitness facilities special rates and discounts!



Membr

Membr is a fitness focused management solution, providing gyms with a system to manage their facility while allowing owner operators to get back to the core of their business. Engaging, Inspiring and Educating their members. What makes Membr uniquely different to its CRM competitors is that we believe in engaging both fitness professionals and gym members to support them as they achieve their goals.



Sum Up

Sum Up allows you to take credit, debit and contactless payments for your facility. We offer NO fixed contracts, and you can use any WiFi or mobile data connection to transact payment for your business. EXCLUSIVE to Independent Gym members we are able to offer large discounts on our card readers and printers, and the first £500 of transactions are fee free!

Protein and Nutrition

Strategic Partner

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Bio-Synergy

Since '97 Bio-Synergy has been at the forefront of the sports nutrition category and have served millions of happy customers including fitness enthusiasts and elite athletes and teams including INEOS and British & Irish Lions.



BUCKED UP

Bucked Up

Number one selling Pre-Workouts in the USA now in the UK. A ground breaking, non proprietary blend formula, with Deer antler Velvet Extract (IGF1). Clinically tested ingredients, at their clinically proven dosages with a fully disclosed panel, we have nothing to hide with a reputation for the Worlds best tasting Pre-Workouts. #GETBUCKEDUP.



Gold Standard Nutrition

Gold Standard Nutrition, the UK's leading healthy, convenient and delicious frozen fitness food specialist.



Misfits

Misfits is a plant-powered health brand with a range of awesome, vegan protein supplements. They managed to create the UK's first triple-layered, chocolate coated, high protein, low sugar bars to rival many whey protein bars on the market. Available in 7 flavours, the bars are all natural, gluten free, dairy free, plant-based and delicious. Check them out!



Muscle Finesse

Independent Gyms and Muscle Finesse have teamed up to give our paying members an incredible £300 of stock for the year for FREE! That is the cost of a standard membership covered just in protein supplements alone!

Muscle Finesse is the healthier snacking and sports nutrition distributor for independent businesses right across the UK!

Protein and Nutrition (cont.)



Protein Life

Protein Life Express – ‘Costa Coffee Express for the Fitness World’
A revolutionary way of providing a range of freshly blended protein, pre and intra workout drinks at the touch of button, every minute your gym is open.



Tenzing Natural Energy

TENZING is the no.1 energy innovation brand in the UK. A selection of pure plant power drinks, all of which include a triple hit of natural caffeine, electrolytes and vitamin C. Packed with flavour and energy, TENZING is the only thing you need to get you through a workout.

Technology

Strategic Partner



Myzone

Myzone develops accurate wearable technology to provide engaging and motivational experiences that support behaviour change and make exercise habits stick. Rewarding effort instead of ability, Myzone is used by millions of people in thousands of gym and leisure facilities worldwide, proving that we're stronger together.



Fettle

Fettle® is a video streaming platform dedicated to the fitness and wellness industry. Mix on-demand content with scheduled live streams and zoom calls. Then publish for your members to access directly. Includes a multitude of customisation, branding and payment options. With Fettle® you can quickly create a hybrid arm to your gym or studio which is branded for your business.

Therapy and Body Composition



InBody

InBody are a worldwide leader in body composition technology. Our award winning and medical-graded analysers are used by professionals and consumers in medical, research, corporate and fitness verticals. The UK office was established three years ago and we continue to grow year on year. Our mission is to inspire people to lead a healthier life and our vision is that one day health will be measured not by weight alone but by having an accurate insight into body composition.



Therabody

We are Therabody. What started as a mission to help people feel better naturally with Theragun® Percussive Therapy has evolved into Therabody, a tech wellness company committed to creating products and services of the highest quality, using cutting-edge technology. Every effective natural solution we develop is always validated by research and supported by science.



Pulseroll

Pulse roll products blend pressure and vibrations for the ultimate deep tissue massage. ... **FASTER RECOVERY:** Using on sore muscle areas, a vibrating foam roller can target those localised trigger points and knots which are causing issues, producing faster, long-term results when aiding recovery.



INDEPENDENTGYMS



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